

Patient: _____

Date: _____

MISSOULA-VITAS® QUALITY OF LIFE INDEX VERSION – 15R

© Copyright 2004 by VITAS Healthcare Corporation, Miami, FL and Ira R. Byock, MD,
Missoula, MT. Do not reproduce without permission.

INSTRUCTIONS:

Indicate the extent to which you agree or disagree with the following statements by marking in one of the circles below the question. If you make a mistake or change your mind, place an X through the wrong answer and mark the circle indicating your correct answer.

Today's Date: _____

GLOBAL

How would you rate your overall quality of life?

1	2	3	4	5
Worst Possible	Poor	Fair	Good	Best Possible

SYMPTOM

1. I feel sick all the time.

-2	-1	0	1	2
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

2. I am satisfied with the current control of my symptoms.

4	3	0	-3	-4
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

3. Physical discomfort overshadows any opportunity for enjoyment.

5	4	3	2	1
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

FUNCTION

4. I am no longer able to do many of the things I like to do.

-2	-1	0	1	2
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

5. I accept the fact that I can not do many of the things that I used to do.

4	3	0	-3	-4
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

6. My contentment with life depends upon being active and being independent in my personal care.

5	4	3	2	1
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

INTERPERSONAL

7. I have recently been able to say important things to the people close to me.

2	1	0	-1	-2
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

8. At present, I spend as much time as I want to with family and friends.

4	3	0	-3	-4
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

9. It is important to me to have close personal relationships.

5	4	3	2	1
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

WELL-BEING

10. My affairs are not in order; I am worried that many things are unresolved.

-2	-1	0	1	2
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

11. I am more satisfied with myself as a person now than I was before my illness.

4	3	0	-3	-4
Agree	Agree	Neutral	Disagree	Disagree

Strongly

Strongly

12. It is important to me to be at peace with myself.

5	4	3	2	1
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

TRANSCENDENT

13. I have a better sense of meaning in my life now than I have had in the past.

2	1	0	-1	-2
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

14. Life has lost all value for me; every day is a burden.

-4	-3	0	3	4
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

15. It is important to me to feel that my life has meaning.

5	4	3	2	1
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly