

Patient: _____

Date: _____

MISSOULA-VITAS[®] QUALITY OF LIFE INDEX VERSION-25R

©Copyright 2004 by VITAS Healthcare Corporation, Miami, FL and Ira R. Byock, MD, Missoula, MT. Do not reproduce without permission.

INSTRUCTIONS:

Indicate the extent to which you agree or disagree with the following statements by marking in one of the circles below the question. If you make a mistake or change your mind, place an X through the wrong answer and mark the circle indicating your correct answer.

Today's Date: _____

GLOBAL

How would you rate your overall quality of life?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worst Possible	Poor	Fair	Good	Best Possible

SYMPTOM

1. My symptoms are adequately controlled.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

2. I feel sick all the time.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

3. I accept my symptoms as a fact of life.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Agree Strongly	Agree	Neutral	Disagree	Disagree Strongly

4. I am satisfied with the current control of my symptoms.

Agree
Strongly

Agree

Neutral

Disagree

Disagree
Strongly

5. Physical discomfort overshadows any opportunity for enjoyment.

Agree
Strongly

Agree

Neutral

Disagree

Disagree
Strongly

FUNCTION

6. I am dependent on others for personal care.

Agree
Strongly

Agree

Neutral

Disagree

Disagree
Strongly

7. I am no longer able to do many of the things I like to do.

Agree
Strongly

Agree

Neutral

Disagree

Disagree
Strongly

8. I am satisfied with my ability to take care of my basic needs.

Agree
Strongly

Agree

Neutral

Disagree

Disagree
Strongly

9. I accept the fact that I can not do many of the things that I used to do.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

10. My contentment with life depends upon being active and being independent in my personal care.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

INTERPERSONAL

11. I have recently been able to say important things to the people close to me.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

12. I feel closer to others in my life now than I did before my illness.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

13. In general, these days I am satisfied with relationships with family and friends.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

14. At present, I spend as much time as I want to with family and friends.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

15. It is important to me to have close personal relationships.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

WELL-BEING

16. My affairs are not in order; I am worried that many things are unresolved.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

17. If I were to die suddenly today, I would feel prepared to leave this life.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

18. I am more satisfied with myself as a person now than I was before my illness.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

19. The longer I am ill, the more I worry about things "getting out of control".

- Agree Strongly Agree Neutral Disagree Disagree Strongly

20. It is important to me to be at peace with myself.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

TRANSCENDENT

21. I feel more disconnected from all things now than I did before my illness.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

22. I have a better sense of meaning in my life now than I have had in the past.

- Agree Strongly Agree Neutral Disagree Disagree Strongly

23. I am comfortable with the thought of my own death.

Agree Strongly Agree Neutral Disagree Disagree Strongly

24. Life has lost all value for me; every day is a burden.

Agree Strongly Agree Neutral Disagree Disagree Strongly

25. It is important to me to feel that my life has meaning.

Agree Strongly Agree Neutral Disagree Disagree Strongly