MISSOULA-VITAS® QUALITY OF LIFE INDEX
VERSION – 15R

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INSTRUCTIONS:
Indicate the extent to which you agree or disagree with the following statements by marking in one of the circles below the question. If you make a mistake or change your mind, place an X through the wrong answer and mark the circle indicating your correct answer.

Today’s Date: __________________________

GLOBAL

How would you rate your overall quality of life?

- O Worst Possible
- O Poor
- O Fair
- O Good
- O Best Possible

SYMPTOM

1. I feel sick all the time.

- O Agree
- O Agree Strongly
- O Neutral
- O Disagree
- O Disagree Strongly

2. I am satisfied with the current control of my symptoms.

- O Agree
- O Agree Strongly
- O Neutral
- O Disagree
- O Disagree Strongly

Aggregate quality of life data, without any patient identifiers, may be used for research purposes.
3. Physical discomfort overshadows any opportunity for enjoyment.

   O  O  O  O  O
   Agree Agree Neutral Disagree Disagree
   Strongly Strongly

**FUNCTION**

4. I am no longer able to do many of the things I like to do.

   O  O  O  O  O
   Agree Agree Neutral Disagree Disagree
   Strongly Strongly

5. I accept the fact that I cannot do many of the things that I used to do.

   O  O  O  O  O
   Agree Agree Neutral Disagree Disagree
   Strongly Strongly

6. My contentment with life depends upon being active and being independent in my personal care.

   O  O  O  O  O
   Agree Agree Neutral Disagree Disagree
   Strongly Strongly
INTERPERSONAL

7. I have recently been able to say important things to the people close to me.
   
   [ ] Agree  [ ] Agree  [ ] Neutral  [ ] Disagree  [ ] Disagree
   [ ] Agree Strongly  [ ] Agree Strongly  [ ] Neutral  [ ] Disagree  [ ] Disagree
   [ ] Agree Strongly  [ ] Agree Strongly  [ ] Neutral  [ ] Disagree  [ ] Disagree

8. At present, I spend as much time as I want to with family and friends.

   [ ] Agree  [ ] Agree  [ ] Neutral  [ ] Disagree  [ ] Disagree
   [ ] Agree Strongly  [ ] Agree Strongly  [ ] Neutral  [ ] Disagree  [ ] Disagree
   [ ] Agree Strongly  [ ] Agree Strongly  [ ] Neutral  [ ] Disagree  [ ] Disagree

9. It is important to me to have close personal relationships.

   [ ] Agree  [ ] Agree  [ ] Neutral  [ ] Disagree  [ ] Disagree
   [ ] Agree Strongly  [ ] Agree Strongly  [ ] Neutral  [ ] Disagree  [ ] Disagree
   [ ] Agree Strongly  [ ] Agree Strongly  [ ] Neutral  [ ] Disagree  [ ] Disagree

WELL-BEING

10. My affairs are not in order; I am worried that many things are unresolved.

    [ ] Agree  [ ] Agree  [ ] Neutral  [ ] Disagree  [ ] Disagree
    [ ] Agree Strongly  [ ] Agree Strongly  [ ] Neutral  [ ] Disagree  [ ] Disagree
    [ ] Agree Strongly  [ ] Agree Strongly  [ ] Neutral  [ ] Disagree  [ ] Disagree

11. I am more satisfied with myself as a person now than I was before my illness.

    [ ] Agree  [ ] Agree  [ ] Neutral  [ ] Disagree  [ ] Disagree
    [ ] Agree Strongly  [ ] Agree Strongly  [ ] Neutral  [ ] Disagree  [ ] Disagree
    [ ] Agree Strongly  [ ] Agree Strongly  [ ] Neutral  [ ] Disagree  [ ] Disagree
12. It is important to me to be at peace with myself.

- Agree
- Strongly

- Agree
- Neutral
- Disagree
- Disagree
- Strongly

**TRANSCENDENT**

13. I have a better sense of meaning in my life now than I have had in the past.

- Agree
- Strongly

- Agree
- Neutral
- Disagree
- Disagree
- Strongly

14. Life has lost all value for me; every day is a burden.

- Agree
- Strongly

- Agree
- Neutral
- Disagree
- Disagree
- Strongly

15. It is important to me to feel that my life has meaning.

- Agree
- Strongly

- Agree
- Neutral
- Disagree
- Disagree
- Strongly