

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

## MISSOULA-VITAS® QUALITY OF LIFE INDEX

### VERSION – 15R

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#### **INSTRUCTIONS:**

Indicate the extent to which you agree or disagree with the following statements by marking in one of the circles below the question. If you make a mistake or change your mind, place an X through the wrong answer and mark the circle indicating your correct answer.

Today's Date: \_\_\_\_\_

#### **GLOBAL**

How would you rate your overall quality of life?

Worst Possible       Poor       Fair       Good       Best Possible

#### **SYMPTOM**

1. I feel sick all the time.

Agree Strongly       Agree       Neutral       Disagree       Disagree Strongly

2. I am satisfied with the current control of my symptoms.

Agree Strongly       Agree       Neutral       Disagree       Disagree Strongly

3. Physical discomfort overshadows any opportunity for enjoyment.

Agree  
Strongly

Agree

Neutral

Disagree

Disagree  
Strongly

## **FUNCTION**

4. I am no longer able to do many of the things I like to do.

Agree  
Strongly

Agree

Neutral

Disagree

Disagree  
Strongly

5. I accept the fact that I can not do many of the things that I used to do.

Agree  
Strongly

Agree

Neutral

Disagree

Disagree  
Strongly

6. My contentment with life depends upon being active and being independent in my personal care.

Agree  
Strongly

Agree

Neutral

Disagree

Disagree  
Strongly

## INTERPERSONAL

7. I have recently been able to say important things to the people close to me.

- Agree Strongly       Agree       Neutral       Disagree       Disagree Strongly

8. At present, I spend as much time as I want to with family and friends.

- Agree Strongly       Agree       Neutral       Disagree       Disagree Strongly

9. It is important to me to have close personal relationships.

- Agree Strongly       Agree       Neutral       Disagree       Disagree Strongly

## WELL-BEING

10. My affairs are not in order; I am worried that many things are unresolved.

- Agree Strongly       Agree       Neutral       Disagree       Disagree Strongly

11. I am more satisfied with myself as a person now than I was before my illness.

- Agree Strongly       Agree       Neutral       Disagree       Disagree Strongly

12. It is important to me to be at peace with myself.

Agree  
Strongly

Agree

Neutral

Disagree

Disagree  
Strongly

## **TRANSCENDENT**

13. I have a better sense of meaning in my life now than I have had in the past.

Agree  
Strongly

Agree

Neutral

Disagree

Disagree  
Strongly

14. Life has lost all value for me; every day is a burden.

Agree  
Strongly

Agree

Neutral

Disagree

Disagree  
Strongly

15. It is important to me to feel that my life has meaning.

Agree  
Strongly

Agree

Neutral

Disagree

Disagree  
Strongly